







5. Organization must enhance very useful training programs at executive and managerial level like problem solving, time management, stress management, team values, etc.
6. Management must understand the importance of work-life balance.
7. Organization must provide outstanding growth opportunities for people who are good at learning.
8. There must not be regression at work
9. Must be an ideal place for work
10. Organization must introduce policies which will help lessen the strain on an employee's balance but it might always be difficult to establish equilibrium as per the industry standards.
11. Developing a work life balance policies is not enough. These need to be practiced and supported especially by the top level managers.
12. Good cultural exchange.

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